

Tamanna Chowdhury (Clinical Dietician and Diabetic Educator)

House 74,
Road 18, Block A,
Banani
Dhaka .

Academic Background

- Master of Science Degree, University Of Dhaka, 2002 ; Dept of Food and Nutrition Dhaka.
- Bachelor of Science Degree, University Of Dhaka, 2000; Dept of Food and Nutrition Dhaka
- Post Graduate Degree in Diabetic Education in India
- Have done professional training on Clinical Nutrition and Dietetics, with special emphasis on Hospital Diet from India.

Internship

Internship in Dietetics from **Apollo Hospitals Kolkata**.

Professional Background

2005 - Present date: Working as Principal Dietician at Apollo Hospitals Dhaka, with the following work responsibilities

- Conferring with different medical staff and multidisciplinary colleagues
- Preparing nutritional care strategies for individual and organizational setup
- Interviewing patients and identifying their particular needs
- Maintaining and documenting medical records of the patients interviewed
- Instructing and counseling patients and conducting group and/or family counseling
- Performing various duties being a valuable member of the primary support team of the hospital

2003-2004: Worked as a dietician for **PAN PASCIFIC HOSPITAL** with the following job responsibilities

- Provided assistance for selecting and preparing food trays of the admitted patients
- Took relevant sessions for the admitted patients regarding the healthy food patterns and participated in preparing diet schedule for the patients with specific illnesses such as renal disorder.

Extra Curricular Activities:

- Implementing the health programs in schools and other corporate office conducted by Apollo Hospitals Dhaka.(like World Bank, BATB, US Embassy, Banglalink, TNT, Chevron etc)
- Performing a regular program on BTV , SATV and RTV on health and nutrition.
- Participate so many LIVE program and TALK show on different TV channel
- Worked as a CAMP Dietician Instructor for Lux Super Star , 2009,2010,2012.2014